

1999 MIAC Women's Outdoor Track & Field Championships Recap

Concordia-Moorhead Takes Over Top Spot in 1999 MIAC Women's Track and Field

by Michael Hemmesch , St. John's SID

Collegeville, Minn. - The Concordia-Moorhead College women's track and field team ended a 14-year reign by St. Thomas by winning the Minnesota Intercollegiate Athletic Conference women's track and field championship on Friday and Saturday, May 7 & 8, at Clemens Stadium on the campus of Saint John's University in Collegeville, Minn.

Concordia won the meet with 171 points, just ahead of Gustavus Adolphus with 155 points. St. Olaf claimed third place with 105 points. St. Thomas had won the last 14 MIAC titles and 16 of the 17 MIAC women's championships ever held.

Two new MIAC women's records were set during the meet. April Felt from Gustavus Adolphus set a new MIAC meet record in the hammer throw with a throw of 160 feet, 2 inches. Rhonda Swanson from Saint Benedict set a new MIAC meet record in the pole vault with a height of 11 feet, 7 ¼ inches.

Erica Stone of Gustavus was a double winner in the 100-meters (12.07 seconds) and the 200-meters (25.10 seconds), which both broke the NCAA automatic qualifying standards for the national meet. Laura Carlson from Gustavus won the MIAC title and automatically qualified for the national meet with a time of 56.74 seconds in the 400-meters. Katie Jorgenson from St. Catherine was a double winner in the 3000-meter run (10:29.83 seconds) and the 5000-meter run (18:22.54).

Heidi Brenden from Concordia won the MIAC title and automatically qualified for nationals with a time of 2:14.29 seconds in the 800-meters. Sandra Helquist from Carleton won the MIAC title and automatically qualified for nationals with a time of 1:02.29 seconds in the 400-meter hurdles. Melissa Ring from Gustavus Adolphus won the MIAC title in the shot put and qualified for nationals with a throw of 43-feet, 6 inches.